



Benington C of E Primary School

PERSONAL, SOCIAL & HEALTH EDUCATION (PSHE) POLICY

“But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.” *Galatians 5: 22-23*

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1. INTRODUCTION

The purpose of this policy is to clearly establish our commitment to developing PSHE in Benington Primary School and to raise awareness of the good practice, which already exists.

2. AIMS & OBJECTIVES

Our personal, social, health education promotes children’s personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens within our society.

At Benington, we encourage our pupils to play a positive role in contributing to the life of the wider school and community. In doing so, we help develop their self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through School Council. We aim to teach them about the rights and responsibilities and to appreciate what it means to be a positive member of a diverse, multicultural community.

PSHE is grouped into CORE THEMES:

Health and Wellbeing:

- Know and understand what constitutes a healthy lifestyle
- Know how to maintain physical, mental and emotional health and wellbeing
- Be aware of safety issues, including how to respond in an emergency
- Know how to manage change, including puberty, transition and loss.

Relationships:

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts
- Know how to recognise and manage emotions within a range of relationships
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help
- Know how to respect equality and diversity in relationships.

Living in the Wider World

- Know the importance of responsible behaviours and actions
- Be responsible and independent members of the school community
- Be positive and active members of a democratic society
- Know about the importance of respecting and protecting the environment
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues
- Develop good relationships with other members
- Of the school and the wider community
- Know about where money comes from, keeping it safe and the importance of managing it effectively
- Have a basic understanding of enterprise.

3. TEACHING AND LEARNING

Many aspects of PSHE are already covered in the curriculum and general life of the school:

- 1.** Our teaching in Religious Education aims to cover many different religions and cultures.
- 2.** Our collective worship covers a variety of different subjects and issues.
- 3.** Our topics cover local, regional, national and world events, throughout the year.
- 4.** Our Science scheme of work covers many health-related topics.
- 5.** We also encourage children to take part in practical activities that promote citizenship and British values e.g. Harvest Festival distribution to the local community, fund raising for various pupil chosen charities and non-uniform days to raise funds.

At Benington School we organise classes in such a way that pupils are able to participate in discussions to resolve conflicts as a class, small group or with an adult. We have been able to develop this through a whole class culture of safety, respect and trust between staff and pupils. To further develop PSHE at Benington Primary School we have adopted the SEAL scheme of work. Circle time is held weekly. This is a chance to discuss pertinent class and school issues and values education that may have arisen over the week. It is also an opportunity to link discussion to the SEAL scheme of work and "Thought of the Week" (Benington Bees).

Within KS1, the "One Decision" scheme of work has been trialled and themes adapted and developed to suit the needs of the class.

4. RELATIONSHIPS

Children are encouraged to develop good relationships with their peers and all staff and to take responsibility for their own behaviour. All members of staff give examples of good role model behaviours and work hard to promote a safe, happy environment. The children have an active School Council where two children from each year group (Year 2-6) are elected to represent their class's views, which will further help develop the school.

5. TEACHING PSHE & CITIZENSHIP TO CHILDREN WITH SPECIAL NEEDS

At Benington Primary School we teach to all children, regardless of their ability. The staff provide learning opportunities matched to the individual needs of all children with learning difficulties. When teaching PSHE and citizenship we take into account the targets, including those set for the children in their Individual Education Plans.

6. ASSESSMENT & RECORDING

The staff informally assess the children's work in PSHE and citizenship both by:

1. Making informal judgements as they observe pupils during lessons
2. Having clear expectations of what our pupils will know, understand and be able to do at the end of each key stage
3. Recording the coverage of PSHE, SEAL and citizenship through planning
4. Reporting achievements to parents at Consultation Evenings, sharing assemblies, worship and in Annual Reports
5. Adopting a developmental overview
6. Evaluated planning

7. RESOURCES

Other resources such as photo packs and emotion fans are stored in the staffroom.

8. MONITORING AND REVIEW

This curriculum area will be identified on the School Development Plan and time will be made to monitor the subject during the school year following the monitoring rolling programme.

The subject leader will support colleagues by:

- ✚ Giving them current developments in this area
- ✚ Providing a strategic lead and direction for the subject in school
- ✚ Identifying strengths and weaknesses in the subject through observations and reporting back to staff for consultation and consideration, to enhance teaching and learning
- ✚ Monitoring planning, pupil interviews/questionnaires and work scrutiny.