



## Benington C of E Primary School

### Pupil Well Being Policy

Written	Reviewed	Next Review Date	Author	Adopted by Governors	Sub-Policies
Feb 2020	Feb 2020	Feb 2022	Barbara Swann		

At Benington Primary School, we are committed to supporting the emotional health and wellbeing of all our pupils. We know that everyone experiences life challenges that can make us vulnerable, and at times anyone may need additional emotional support. We take the view that positive mental health is everybody's business and that we all have a role to play.

At Benington School, we:

- Help children to understand their emotions and feelings better.
- Help children feel comfortable sharing any concerns or worries.
- Help children socially to form and maintain relationships.
- Promote self-esteem and ensure children know that they count.
- Encourage children to be confident and 'dare to be different'.
- Help children to develop emotional resilience and to manage setbacks.

We offer different levels of support:

Universal Support - To meet the needs of all our pupils through our overall ethos and our wider curriculum. For instance, developing resilience for all.

Additional support - For those who may have short term needs and those who may have been made vulnerable by life experiences such as bereavement.

Targeted support - For pupils who need more differentiated support and resources or specific targeted interventions such as Bright Stars or Therapeutic Play. Referrals to outside agencies, for example Child and Adolescent Mental Health Service (CAMHS) or STEP2

Tools we use to identify and support:

Wellbeing questionnaire delivered every two years to pupils and parents. Outcomes from this will develop an action plan which will be included in the school development and improvement plan and reviewed termly.